Women of the Southern Legion

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Der Bruder Schweigen
Welcome to the 6th issue of Women Of the Southern Legion where our aim is to re-educate those who have lost site of their true heritage and culture. We also hope to encourage more Aryan women to become involved with our movement in a POSITIVE and PRODUCTIVE way, rumour starting and shit talking NOT being positive or productive for anyone and this kind of garbage being spewed from the mouths of our people will do nothing but rot our Movement and it is something we have no time for here at WAU. That being said we hope you enjoy this issue for it is just a taste of things to come from WAU Australia.

We are also proud to announce that 2012 marks the 20th Anniversary of WAU Australia, being the third country ever to open and run its own chapter. 2010 and 2011 has seen an exciting resurgence of support and activity for WAU Australia, and 20 years on we are feeling stronger than ever. We have done countless fundraising for various projects, with donations from many of our supporters we were able to raise a significant amount of funds for one of our P.O.W’s Legal funds, we also raised a very large amount for one of our comrades who is facing trumped up legal charges.

Along with one of our sisters in the USA we have taken over the Adopt A Bruder program (which provides financial support to the remaining incarcerated former members of Der Bruder Schweigen or The Order as they were more commonly known), we have received many sponsors for this program and all monies received going to the P.O.W’s, we are truly honoured to be a part of this program and to provide such support to men who gave up everything for our folk. We have also donated to other P.O.W’s and also donated to a fallen comrade’s family. Keeping up with themes from past issues of WOSL in these pages you will read personal stories and articles on self defence, racial women interviewed, health and culture.

Thanks to all those who continue to support us and what we do. We hope to make each issue bigger and better so please feel free to send us any articles that we may be able to use, we’re especially interested and in need of poetry and artwork so if you are creative please send us your works.

For Faith, Folk, Family
Women’s Roles Within the Movement

When I was presented with this challenge my first thoughts were “Oh my gosh how am I going to do this and not upset everyone?” Well, while I accepted the challenge I still am not sure how to go about not upsetting everyone.

I would like to try and break down the “typical” racially aware woman so that people can understand the role of a woman within the movement. Everything that she does and will ever do, if done with pure love and commitment will come full circle in the end.

The first and foremost thing a woman has to worry about in the movement is that she is indeed racially aware. Women have long been accused of thinking with their hearts and not their heads. She must be well educated and understand the consequences of her actions. She must understand that this is not a game nor is it for the faint of heart. It is not about being “cool” or fitting in. It is about securing the existence of our race and a future for white children. In that there is no room for those who would be “glamour white nationalists”. She needs to be about her business when it comes to knowing her limits and her goals for herself and her family. A woman has many roles that stem from being racially aware. The first 3 being loyalty to children, partner, and cause and all that goes with them.

Children, they are what drives us to better our people and ourselves. Not all of us have children of our own but I think that all of us take pride in our Aryan children be they our own or not. They are after all why we are joined in the sisterhood of the cause. As women our job is to teach and protect our children. We must educate them so that they will be proud of who they are and know what enemies they face. They need nurture, love and a healthy family life. Whether it is a single parent home or a two-parent home, they need to know that they are the most important people in our lives and our fight. Raising children is a great way to be active in the movement. After all without the mothers where would any of us be? Even those of us who were not brought up racially owe our mothers respect and admiration for the hard work they did to raise us. This is only one of the places that a woman has in the movement. This job requires active participation and total commitment.

Next we look at being a partner. This job is sometimes more trying than raising the children. Having a healthy relationship takes time and effort. You have to support your partner in his decisions. Specifically in public, whether he is right or wrong in his choices. It takes patience and understanding when you know he is wrong but to humiliate him in front of others only leads to problems at home. You must be respectful when you are in private and you let him know that you disagree with him. Let him know why you disagree and that you can see his side of the story but to make sure that he can see yours as well. It takes a great deal of love and effort to have a lasting relationship. The reward is that he will be a stronger person knowing that you love, support and respect him. Sometimes it can be very trying to let your feelings and opinions be heard without seeming as though you are “wearing the pants” or even that you are allowing yourself to be walked on.
This job as well takes total commitment and requires active participation.

Last but certainly not least we have the cause. A woman’s role in the cause can be one of many different things; eventually it leads to the same thing though. Women need to be an active part of the movement. To know your limitations of what you can bring to the cause and what you cannot takes a strong person indeed. While some women may choose to take a less active role, it does not demean them as being part of the cause. Every “job” within the movement has its purpose. There are no unimportant jobs when you are committed to making your future and that of your race better. There are many strong women who bring new ideas and thoughts with them. There are those who feel that bringing children up with racial values is the part they were given. While others still, bring awareness and teach the younger generations of women that they are indeed a part of the movement all on their own. That they need not stand in another’s shadow to be seen or heard but that they are important all on their own. This job requires no less than any other as far as active participation and total commitment.

So can I completely answer the question of what is a woman’s place in the movement? No, I cannot. You see for a woman to be a part of the movement requires that she not only manage every aspect of her life separately, but that she manage to pull them all together as one. It takes a very strong and deeply committed woman to be a part of the cause. She has to be a mother, partner, and warrior all in one. She has to be her own person while catering to those who depend on her for love and support. Her job is never done and rarely earns her a thank you. It does however earn her complete respect spoken or unspoken. A woman’s place, simply put is to be the foundation, the cornerstone. If she can do that, everything else will fall into place.

WN Mother
One of our very talented WAU Australia girls makes these beautiful Handmade Resin Jewellery and Hairclips. Thor’s Hammer hairclips come in a variety of colours and pendants can be custom made, contact wau_melbourne@hotmail.com for more information.
Self-defence for women

All women should empower themselves with safety, tips and information. Top of your safety list is to always use your common sense and trust your instinct, it’s there for a reason. If a situation is uncomfortable then get out of there as quickly as possible. Always assess your surroundings, notice warning signs and remove yourself from potential harm. Use the power of your voice to thwart an attack, and use anything in range as a weapon.

Self-defence training is an essential training, especially for women at these times where there are a lot of danger surrounding us. Don’t become a victim of domestic violence, rape or a random attack against women! Learn how to defend yourself. As women we must think and react quickly. Very likely our attacker is larger and physically stronger than us. Women need to use the element of surprise as part of our overall defence. We have to use all of our strength, committing ourselves to saving our life!

Elbow strikes -

Elbows are effective weapons at close range, and can be delivered at almost any angle with power. To assist an elbow strike, simply make a fist with the same hand as elbow and grasp the fist with your other hand. This is really effective is someone is against your back, perhaps crowding/trapping you or preparing to grab you around your waist.

Kicking to the front or sides of the knees will disable the bad guy. There’s always the perennial favourite, the groin. Horse kicking to the rear to either of these areas can also be effective.

Your hands can also perform self-defence techniques.

Hammerfist -

(a strike with the bottom of a clenched fist) is particularly effective with striking the occiput, the temples, the nose, the mandible, the wrist and the sternum.
**Palm Strike** - Is a strike using the palm of the hand and targets being nose, jaw, chin, ears, back of head, groin, kidneys and abdominal cavity. A woman can deliver a palm strike effectively, especially if she can throw her whole body in it!

**Fingers** - can be used to gouge eyes, pull ears and hair and twist pinkie fingers. When in close range drive your thumb into the corner of either eye. If it does not dislodge the eye itself it will cause intense pain and cloud vision long enough to facilitate escape.

**Ear Slap** - Cup your hand, slap his ear hard, it will change the pressure in his ear, throwing him off balance.

**Chisel Fist** - The positioning of your hand to form the chisel fist is much the same as the standard fist formation. The only difference is, at the knuckles. The bones that make up the knuckles are kept straight. But, your fingers are closed and your thumb is tucked in hard against your pointer finger. If possible, grab your attacker by the scruff-of-his-neck (upper shirt). While at the same time, get comfortable - solid and stable - on your feet by stepping back with the opposite side foot to the hand that you grab your attacker with. Next, or really at the same time, bring your chisel fist up to the side of your chest, and in line with your peck (nipple or breast). Your elbow should be sticking out behind you. Finally, stiffen your chisel fist and strike out at your attacker’s throat.

**Knifehand strike** - is a strike using the part of the hand opposite the thumb (from the little finger to the wrist), familiar to many people as a karate chop. This refers to strikes performed with the side of the knuckle of the small finger. Suitable targets for the knife hand strike include the mastoid muscles of the neck, the jugular, the throat, the collar bones, the 3rd vertebra (key stone of the spinal column), the upper arm, the wrist (knife hand block), the elbow (outside knife hand block), and the knee cap (leg throw).
Shin Scrape - A shin scrape involves scraping the front of the attacker's shin bone. Best done with the heel of your shoe. Kicking here would also inflict a great deal of pain. Great for women's self-defense. If you are grabbed from behind and he has your arms secured a shin scrape and foot stomp will help you make your escape. Remember to execute this technique quickly and with as much force as you can muster.

Foot Stomp - Stomp down hard with your weight using the heel of your foot. Aim for the top of his foot where his shoelaces would be, not his toes (but toes are better than nothing). It is possible to break the small bones on the top of his foot with this move.

Knee to Groin - Now this move is commonly expected and works best with an element of surprise. Unless he is wide open, try to get his attention of his groin by attacking his nose or eyes first. For best results grab the attacker by the shoulders or clasp your hands around his neck and pull him towards you sharply. At the same time bring your rear leg and drive your knee upwards into his groin, crushing his testicles against the pubic bone.

Testicle Squeeze - This is a great move that can be done from almost any position, it is especially useful when in a bear hug when your arms are pinned within his. Grab a handful of groin, using all five fingers, don’t just pinch, squeeze as hard as you can, really dig in, using your nails as well. Then really twist and pull them, don’t let go until you are sure he is no longer a threat.

Escape Techniques

Hand grasp escapes - If an offender clamps on to one wrist, his thumbs will be on top. Quickly lean into the attack, grasp the captured hand with your free hand, linking your fingers together. Keeping the elbow of your grabbed hand close to your body, lean your weight back and jerk your hand free, through his thumb.

If the offender grabs both of your wrists, he has left himself “wide open”. One swift powerful upward kick to the groin should be enough to cause the attacker to release his grip on your hands.

Don’t be nice here, girls. Try to see if you can lift his feet off the ground with this one. If he is in too close, then use your knee.
Hair grabs - rape prevention starts by knowing what to do when some lunatic grabs you by the hair. The first thing to do is gain control of your head, clasp both of your hands over the offenders and clamping down against your head. This prevents him from yanking your hair out. Maintain this clamp with both of your hands and turn in and knee him in the groin.

Arm Bar Choke Hold - The first move is to free your airway, turn your head to the side so your chin is pointing in to the crook of the assailants elbow. After you’ve made sure you can breathe, bring both of your hands up and clamp onto the attackers forearm. Clamp the arm to your chest, and then bend over from the waist, taking the attacker with you. This will force the attacker off balance. Still holding onto his forearm, you are in perfect range for a stomp.

WAUSouthOZ

Sisterhood
To me the true meaning of Sisterhood is a sense of love, support and encouragement for one another. Sisters are there when no one else seems to be, they will go out of their way to be there for you. They will offer you comfort and support but will also kick your arse if needed. Sisters can make you feel better without a word being spoken. With so many women today accustomed to feeling like they have to compete, undermine and disrespect other women, that close bond that you share with your Sisters is that much more special.
To my Sisters, I love you..
Hangover Remedies

Bananas While you were drunk and peeing like a racehorse, lots of potassium drained from your body. Eating a banana bursting with potassium will give you some giddy-up and go.

Ginger Root - Ginger has long been used to treat nausea and seasickness. And, since having a hangover is much like being seasick, this easy remedy works wonders. If you're really green, the best bet is to drink ginger ale (no preparation required). If you can remain vertical for 10 minutes, brew some ginger tea. Cut 10 to 12 slices of fresh ginger root and combine with 4 cups water. Boil for 10 minutes. Strain and add the juice of one orange, the juice of half a lemon, and 1/2 cup honey. Drink to your relief.

Honey and Lemons - The classic hot toddy (nonalcoholic, of course) is honey, lemon and hot water. Easy to swallow, this beverage replenishes fluids and sugars lost to a hangover. Honey contains fructose, which competes for the metabolism of alcohol. Some healthy competition is needed, since it prevents the rapid change in alcohol levels that results in headaches. Plain sugar contains sucrose, which isn't absorbed as quickly. To make a toddy, boil 1 cup water and mix in honey and lemon juice to taste. Enjoy a toddy several times a day.

Rice, Toast or Soup - Food is probably the last thing you want to look at while recovering, but you do need some sustenance for energy. Stay with clear liquids until you can tolerate something solid. Then start off slowly with mild, easy-to-digest foods such as plain toast, rice or clear soup.

Sport Drinks are a good way to replace fluids as well as electrolytes and glucose.

Ice Put an ice compress on your aching head. Place crushed iced in a plastic bag, wrap in a dry towel and apply it to where it hurts. Or just rinse a washcloth under cold water; place it on your forehead and rest.

Juice especially freshly squeezed orange juice, will help raise your blood sugar levels and help ease some of your hangover symptoms. However, if your stomach is upset, skip acidic juices such as orange juice and stick with apple juice instead.

Water Next to time, drinking water is the best cure for a hangover. Dehydration does a doozy on your body and causes much of the discomfort associated with a hangover.

Vitamins - another way to help reduce a hangover is by taking a zinc and B complex vitamin. These vitamins are key nutrients involved in liver detoxification and common nutrients lost when consuming too much alcohol. But remember: don’t take zinc on an empty stomach or it will make you feel nauseous.
We must secure the existence of our people and a future for white children. David Eden Lane

"Ten hearts, one beat. One hundred hearts, one beat. Ten thousand hearts, one beat. We are born to fight and to die and to continue the flow, the flow of our people. Onward we will go, onward to the stars high above the mud, the mud of yellow, black and brown. So kinsman, duty calls. The future is now. If months from now you have not fully committed to the alliance and the responsibilities thereof, then you have in effect not only race, you have betrayed yourself. So stand up like men and drive the enemy into the sea! So stand up like men and swear a sacred oath upon the green grass of our sires, that you will reclaim what our forefathers discovered, explored, conquered, settled, built and died for. Stand up like men and reclaim our soil. Kinsmen arise! Look towards the stars and reclaim our destiny. In Metaline Falls we have a saying… Defeat Never, Victory Forever.” Robert Jay Mathews (Sept 4th 1983)

"I offer no apologies, except for having failed to meet our goals. The Bruder Schweigen has shown you the way. Learn from our mistakes; succeed where we have failed." -Richard Scutari

Who were the men who said these words, what was their significance and what of the Brotherhood they were apart of?

They were members of Der Bruder Shweigen (which is German for Brothers Keep Silent) or The Order as they were more commonly known. But who exactly were these men? I hear many young folk asking who they are, what they did and even some older folk who say “But what did they achieve?”

Who were they? They were a group of European patriots who stood up against the corrupt United States Government. They were a White Nationalist organization that fought to reclaim America for the people whose ancestors struggled, sacrificed, and died to build it. They were men and women of different socioeconomic backgrounds bound together by the ideals of racial solidarity and the creation of an autonomous White homeland. They took action and declared WAR on the United States Government. Although they were only active from 1983 to 1984 their deeds and sacrifices have been an inspiration to many White Nationalists around the world.

At their peak The Order claimed more than 50 revolutionary activists both legal and covert. The above ground or 'legal' operations of the Bruder Schweigen included speaking engagements, literature distribution, recruitment, meetings and creating a logistical structure to support the more militant aspects of the organization.

The American government began a domestic campaign against The Order, which resulted in the imprisonment or death of most Order activists. Robert Jay Mathews was killed in action fighting for over 35 hours in the midst of a hail of bullets and surrounded by over 75 government agents on Whidbey Island in December 1984. Unwilling to surrender, the Federal dogs eventually set fire to the cabin with the aid of a helicopter gunship, burning Robert Matthews alive with weapon in hand.

Today the remaining members of The Order have served over 26 years in jail. Many of them have surpassed their release dates according to Federal Sentencing Guidelines but remain incarcerated in the worst prisons in the United States by a government which continues to oppress and destroy its White population. The acts being perpetrated against these patriots on a daily basis are not only criminal, but life threatening to some of them. Several former Order members have also been the victims of brutal beatings by prison staff while others have died whilst incarcerated. These men have always remained faithful to our cause and we in turn must remain faithful to them.

Hail The Order - Free The Order
ADOPT A BRUDER

WAU have been sponsoring a program called Adopt a Bruder for over seven years now. Our goal was to establish a program to ensure that each Bruder Schweigen member was/is receiving financial support while imprisoned. As individuals, most of us cannot afford to donate to four people each month; as a group, we can form a network with the ability to collectively provide each member with funds, seeing that no one is overlooked. So far we have managed to create a decent network of comrades and friends who support the Bruders, like members of FTO Sweden, Blood and Honour Scotland, The Hammerskin Nation and many individual Racialists. **We need new sponsors on a regular basis.**

The program involves “adopting” a member to donate money to each month. There is no minimum amount; you must merely pledge to send a certain amount and hold to it. You are always free to send more, and if for some reason you cannot make your pledge one month, we simply ask that you let us know so we can make sure the money comes from elsewhere. Ultimately, we would like to see each prisoner with two assigned sponsors, each contributing $25 a month, with any other donations supplementing that base amount.

Those in America will be sending their own money orders or Western Union transfers; you do not need to trust us to handle your money, though a PayPal address will be made available for those who prefer to donate that way, proof of money sent will be provided for those that use this method of payment. You may remain as anonymous as you would like; all that is required is an email address or other means of checking in each month.

Each month, a sponsor sends money to his or her “adopted” prisoner. Once the money has been sent, a sponsor needs to contact adopt-a-bruder@davidlane1488.com to report the amount and date and that’s it.

With each person contributing a little money, a little time, and a stamp, we can show these men our gratitude and support. By each doing what we can within our own means, we can combine our efforts to make a considerable difference. Anyone interested in participating should contact adopt-a-bruder@davidlane1488.com - please spread the word about this program. Those who may have thought a small contribution was pointless before may be more inclined to send support when they know others are doing the same. This is an instance where every little bit counts, and it is the “little bits” that will make this program a success.

**Hail The Order, Free The Order.**

WAU Sisterhood
Interview with Susan Yarbrough

Hello Susan, can you tell us a bit about yourself?

I am a 43-year-old mother of two grown children and in the process of adopting my 3-year-old grandson. I will graduate from my Bachelor’s in Psychology in May. I was born and raised in Louisiana and have lived here for most of my life. I am a very outdoorsy person and spend a lot of time outdoors, gardening and such. I am a quiet person but I do have a good sense of humour! To love my folk and family and to be happy, to me is the most important things in life.

How did you & Gary meet?

Gary and I met through writing. I was starting a POW penpal website and I wrote most of the Order members to see if they would be interested in being put on the website. There was just something about Gary from the first letter…and Gary will say this himself. He knew from the first letter that there was much more in store for us!

What was so special about Gary that you knew he was the one for you?

Gary was the beginning and end for me. I knew once I found Gary that he was my soulmate. I did not believe in soulmates until I met Gary, but as Gary says, “We are two peas in a pod.” Gary stole my heart and I let him keep it. His love for me shines through his every word and everything that he does. Gary has a wonderful personality and a wonderful sense of humour. He has been in prison for 26 years, and most of that spent in solitary confinement….what man in those kinds of conditions would be able to keep their sense of humour? I can be having the worst day and he can call me and it changes my whole day…just the sound of his voice. The first time I went to visit him it was really the best day of my life (besides giving birth to my kids).

What struggles and hardships do you face being the wife of a POW?

The main struggle and hardship is not having Gary here to hold and to be in person with. Every time I go to visit him, I leave in tears not wanting to leave. I feel like I leave my heart and soul behind. The other struggle and hardship is seeing what Gary has to go through and how he is treated. One of the struggles that bothers me the least is people who are non-movement and do not understand why Gary did what he did, so I am the wife of a criminal, which carries its own stigma and hardships. Additionally, it is hard for Gary to be away from the baby growing up. My grandson is just 3-years-old so I am raising him alone and every milestone that my grandson accomplishes in his young life, I realize that Gary is missing so much.
What kind of facility is Gary being held in and what kind of conditions does he endure?

Gary is being held at Florence ADMAX in Florence, Colorado. This is a Super Max facility and it is absolutely inhumane. Gary is locked in a very tiny cell for most of the time 24/7. He is supposed to get an hour outside (in a rec cage) every day but most of the time; he might get his outside time once or twice a week. The water in his cell (his shower is there so he does not have to be moved) is lukewarm at best and his cell is mostly cold during the winter. Most prisons keep the visitation area warm during the winter but keep the cells cold. Gary only gets two phone calls a month, even though he is supposed to get five….they say because of lack of staff. His mail is messed with by the mailroom taking forever to get it to him or by the officers giving it to other prisoners (on purpose). He is allowed a small television, which the prison allows few channels. Most people end up mentally breaking within a few weeks or months of being placed at Florence ADMAX because of the conditions, but Gary has held himself strong.

What kind of support have you & Gary been offered by people in the movement and what does this support mean to you both?

People of the movement have been great to Gary and me. Once I started the legal fund and let myself finally become known as Gary’s wife, people were very supportive and welcoming to me. People have been really supportive of Gary throughout his incarceration; he has some people that have been writing him for over 16 years. People have also been supportive of the legal fund by donating money, helping me with the graphics for the website, helping me in ways that I need to be helped, and making sure that Gary is taken care of. We are so thankful for their support because it would have been a very long, hard time for Gary without the support to help him make it through this hard time. It is hard to be in prison without support from the outside. Gary’s father, brother, sister, and mother died while he was in prison, he could not have made it through this time without support from the people who care about him.

How do you manage to get through the hard times?

I get through the hard times by envisioning what it will be like once my husband comes home. Additionally, the communication between Gary and I makes the hard times better. We have a marriage that I consider to be perfect. Even though we do not live together, we have great communication, love, honesty, and every component of a wonderful relationship….and that is what gets me through the hard times.

What kind of future do you envision for you & Gary?

I envision us having a home in the country where we can just relax and catch up on lost time, and raise our family. I know he will also be glad to reconnect with his daughters. I have a shed in my backyard, which will be Gary’s shop to do as he pleases. Gary has always liked to build things and work with his hands, so I want to make that possible for him. But most of all, we are just going to love each other as much as we can and spend as much time as possible together!
What can people do to help you and Gary?

They can write to Gary to show their support (keep letters non-movement, please) and spread the word about the Gary Yarbrough Legal Fund. If the parole board tries to make the 2025 date stick at his upcoming parole this year, we will need an attorney to fight that. Also, if a person does not write or help Gary take 5 minutes out of his or her day and find another POW to write or help.

Do you have any words you would like to say to other wives of POW’s?

Hang in there…hopefully, this will be over soon! We can only hope that it is and that our husbands will be home soon so everybody can go on with their lives.

Thank you for taking the time to do this interview with WAU Australia, we wish you & Gary all the best for the future..

Thanks for allowing me to do this interview…I am honoured!

For more info on ways to support Gary you can contact his wife Susan
Susan.yarbrough1219@gmail.com
Or WAU
Adopt-a-bruder@davidlane1488.com
Southern Hemisphere Wheel of the Year 2012

**Lammas (Lughnasadh) – February 4th 8.13pm**

Lughnasadh marks the beginning of the long awaited harvest as well as being one of the four greater fire festivals. The Goddess slowly transforms from Mother into Crone. Traditionally celebrated on the Second day of February we also see the Sun God also slowly once again disappearing.

**Mabon – March 20th 3.14pm  Autumn Equinox**

Mabon is a balancing point in the light and dark of the year, the day when the sun has equal hours in and out of the sky. It is a time to give thanks to the waning sunlight, for all the reapings of our spring sowing.

**Samhain – May 5th 12.13pm**

The Pagan year begins (and ends) with Samhain. It is a time of reflection, of looking back over the last year. This is the time when the boundary is thinnest between the worlds of living and dead. Samhain is considered as a time to celebrate the lives of those who have passed on and paying respect to our ancestors.

**Yule – June 21st 9.09am Winter Solstice**

Yule marks the winter Solstice and is the shortest day and the longest night of the year. As a fire festival a popular custom at this time is the burning of the Yule logs. The Yule log must traditionally be the root of a hardwood tree, and in Australia mallee roots are ideal for this purpose, as are Tasmanian oaks and all types of Eucalyptus.

**Imbolc – August 27th 12.26pm**

Imbolc is the time of the beginning of beginnings, the time to consider carefully what you will do with the year stretching before you. Imbolc brings the awakening of the life force when the first green shoots of bulbs appear.
Ostara – September 23rd 12.49pm Spring Equinox

Ostara is the official time of spring's return; a joyful time, a time when life bursts forth from the earth and the chains of winter are finally broken. The Spring Equinox is a time both of fertility and new life, and of balance and harmony. It is a time of birth, and of manifestation. At this time we think of renewing ourselves.

Beltane – November 7th 10.10am

Beltane, the beginning of the summer months is at the November cross-quarter. This is the festival of the Great Rite - of sexual union between Goddess and God. Beltane is the spring fertility festival and there is feasting and celebration - a great festival for lovers! Beltane is the most popular time for to be handfasted.

Litha – December 21st 9.02pm Summer Solstice - Midsummer

Litha marks the Summer Solstice, this is when the sun is at its highest in the sky, it is the longest day and shortest night of the year, and a time of joy and strength for the light. It is a time when the powers of nature are at their fullest.

The seasons in the Southern Hemisphere are the reverse of those in the Northern Hemisphere. The festivals in a Pagan calendar are based around the seasons. So, at their most basic, in the Southern Hemisphere, the festivals are opposite.
Protect yourself from the Southern Sun

Australia has one of the highest rates of skin cancer in the world. Each year more than 1850 Australians die from this almost entirely preventable disease, which is why it is so important for us to shield our skin from the harsh southern sun. Personally with my fair skin and a strong family history or melanoma skin cancer I have to see a skin specialist once a year and also have to wear a complete defence daily UV moisturising lotion SPF30+ everyday as well as staying out of the sun as much as possible. I’m sure everyone in Australia is familiar with these three words: Slip, slop, slap. Slip on some protective clothing, Slop on some SPF30+ sunscreen and slap on a hat. Just by practicing these simple steps you can minimise freckling, wrinkling and aging of the skin, avoid sunburn and tanning (which is quite ugly anyway and does not suite our beautiful white skin!) and ultimately reduce your skin cancer risk.

Babies under 12 months should not be exposed to direct UV and should be well protected from the sun. If being in the sun is unavoidable, try to use a cover for the pram or cover as much of your baby’s skin with loose-fitting, cool clothing and a hat. Apply sunscreen on those small areas of skin still exposed. It’s a good idea to test the sunscreen on a small area of your baby’s skin to make sure there won’t be any reaction. Try a sensitive formula, as it will be less likely to cause irritation.

When it comes to teenagers and young adults, sun protection can be a hard sell – often they are more concerned with maintaining their image, finding covering up a ‘hassle’ they can live without. Parental guidance and role modelling plays an important role. Teenagers can also be motivated by the need to prevent the embarrassment of sunburn, the need to prevent ageing such as wrinkles and sun damage, health knowledge regarding skin cancer.

Be a role model for sun protection behaviour by wearing hats, protective clothing and sunglasses, using sunscreen and seeking shade. Remind your teenager to protect themselves, leave sunscreen and hats at the door, let them choose their own hat, sunscreen, clothing so the brand and style is acceptable to them, time outings for early in the morning or later in the afternoon, take shade to the beach.

Some Facts about Skin cancer in Australia

- 2 in 3 Australians will be diagnosed with skin cancer by the age of 70.
- Over 1,850 Australians die from skin cancer each year.
- Australia has one of the highest rates of skin cancer in the world.
- Skin cancers account for about 80% of all new cancers diagnosed each year in Australia. Each year, Australians are 4 times more likely to develop a common skin cancer than any other form of cancer.
- Over 430,000 Australians are treated for skin cancer each year that's over 1,000 people every day.
- Skin cancer costs the health system around $300 million annually, the highest cost of all cancers.
- In those aged 15–44 years, melanoma is the most common cancer, making up almost a quarter of all cancers for this age group.
  - Melanoma is the third most common cancer for Victorian women (behind breast and bowel).

Sun protection for you Pets -

Don't forget about your beloved pets when it comes to protection from the sun!!!
White animals and those that have a haircut or naturally thin (or non-existent) hair coats are particularly sensitive to the sun, and may suffer the same effects as humans: sunburn and skin cancers. It should be remembered that dogs and especially cats are adept at licking off topical lotions, sprays and creams. These substances can be toxic for dogs and especially for cats. It was once recommended that anything safe for human babies would be OK to use on pets with supervision (let the lotion soak in before licking can occur).

Make sure your dog has access to a bowl of water if you're going to be out for 30 minutes or longer. When getting your cat or dog clipped, leave at least a centimetre of fur so your pet has some natural protection against the sun.

Always apply sunscreen to sun-sensitive areas such as tips of ears, nose the belly and groin areas that typically have sparse hair coverage and thinner skin. Cats love to sunbathe and some dogs will too, belly up (you can ask your vet about sunscreen especially for your pets). Provide adequate shade for your pet if they're going to be out in the sun for 30 minutes or longer.

WAU Melbourne

Women for Aryan Unity
United under the banner of Folkish Ideals and Preservation
White Genocide in South Africa

Last September the International Alliance to End Genocide upgraded South Africa on their genocide watch list. On their eight stage formula, they moved South Africa from a five to a six. Level five is polarization" and level six is "preparation." The international human rights organizations stated "now we have evidence of organized incitement to violence against white people."

Several other human rights groups and numerous members of the European Parliament have also declared that the murder of whites in South Africa is racially motivated genocide. White farmers living in South Africa have the highest murder rate of any people in the world, and that includes all current war zones.

Since the African National Congress (ANC) took power, at least 68,000 White South Africans have been murdered with over 4,000 of these being Boers and their family members. Thousands more have been attacked. However the actual number is probably much higher as South African record keeping has severely deteriorated under the ANC. To learn more, visit the Online South African Genocide Museum.

So why is it that our Media do not report this? Why are our Politicians, who love to intervene on behalf of various populations of the world, turning a noticeable blind eye to the White Genocide in South Africa? Because it is Whites being murdered, that is why.

For more info visit http://www.southafricaproject.info

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*I have given my life to try to alleviate the sufferings of Africa. There is something that all white men who have lived here like I must learn and know: that these individuals are a sub-race. They have neither the intellectual, mental, or emotional abilities to equate or to share equally with white men in any function of our civilization. I have given my life to try to bring them the advantages which our civilization must offer, but I have become well aware that we must retain this status: the superior and they the inferior. For whenever a white man seeks to live among them as their equals they will either destroy him or devour him. And they will destroy all of his work. Let white men from anywhere in the world, who would come to Africa, remember that you must continually retain this status; you the master and they the inferior like children that you would help or teach. Never fraternize with them as equals. Never accept them as your social equals or they will devour you. They will destroy you."

*Dr. Albert Schweitzer Nobel Prize Winner 1952 from his “African Notebook”*
The name Aryan is derived from the Indo-European Sanskrit language and means noble. “Aryan” is the correct actual name that defines the biological origins of what most people mistakenly refer to as the White Race. White is a colour, not a name that defines a species, European is simply a name of origin started with the goddess Europa. Most are familiar with the mythological story of Europa and the Bull. Caucasian, likewise does not define a species, it is derived from the word Caucus which is the name of a place or region in the Caucus Mountains.

The Aryan Race has always had a tendency to divide itself up into nations and make the quite common mistake in proclaiming that such nations are who and what we are as a race. Someone says that they are German, French and Scandinavian. What does that mean genetically? All are Teutonic tribal branch names but they are all Aryan as a species.

There are only two primary root tribes of Aryans in Europe, the Celts and the Teutons, all other tribes of Aryans are a derivative of those two. It is certainly not the place called Europe which has made the Aryans what they have become over the many centuries of our history. We were Aryans before we settled there and this we owe simply too far distant root origins and the far-reaching influence of the migratory period after the fall of Atlantis, which hardened our people and developed the hearty and viral character of our ancestors. It is not to say that all Aryans were bottled up in the area of Atlantis alone before the great cataclysm, Hyperborea and ancient Aryan Egypt co-existed with Atlantis and likewise there were many tribes of our people spread far and wide in between.

How was the Indo-European evolved from the Aryan? He certainly left his home a different man from what he had become when he set foot on European soil --- at the time when he first made his appearance in history. Nor is he invariably the same. The Greek differs from the Roman, the Roman from the Celt, the Celt from the Teuton, the Teuton from the Slav. Yet, one bonding genetic element runs through all Aryan Tribes, which defines them back to the original source. It is genetic physiognomy which defines the Aryan species, not the language or temporary political boundaries, or language which many are taught to believe from today’s Aryan culture distorters. A race is not to be determined by skin colour alone, it is genetic, it is the defining DNA of a specific race of humankind. There are Aryans of light, medium and dark skin complexions.

The entire condition of present day Aryan culture is seriously ill and degenerating in an alarming manner. Having come under the custody of men who are inwardly
indifferent, self-hating and even hostile to it, and whose mental and moral attitude differs drastically from our noble race-conscious forebears. At this juncture in history Aryan man is fighting for the battle of his life, with the ever-present spectre of impending extinction of his entire species hanging in the balance before him. In a report by the United States Immigration Commission dated 1911, it states that: “The Aryan ‘races’ comprise nearly half the population of the Earth, say 700,000,000 out of a total of 1,500,000,000.” In less than one century, the Aryan Race has dwindled to a most shocking 8% of the World population and still rapidly declining, while the world population has more than quadrupled, now in excess of 6 billion. A front page article in a national periodical back in 1960 stated, “It is one of the riddles of our time why the White man, lord of the earth from pole to pole, should, in the short space of a single human generation, renounce his rule, draw back wearily from a position of world-wide power, so that today he is in a panic-stricken flight, where yesterday he still governed inviolably.”

If the Aryan Race does not regain control of its survival instincts, then certain extinction from the face of the Earth within a space of one century but perhaps more likely 50 years is inevitable. The battle that must be faced is not from any enemy without, but from the enemy within our own self and our people.

The Aryan Race certainly has never been submissive in the past, which is why it has reigned supreme in might and creative genius since the dawn of history. Should it fully adopt the submissive, turn-the-other-cheek, resist-not-evil, all men are created equal pabulum of alien Semitic Christian dogma, (which the Semites themselves would never follow) or the universalist and self-hating ‘anything goes’ concept of the liberals and degenerates, we shall perish from the face of the earth, surely as the sun set in the west! Jewish religion and history works fine for the Jews, but it is not our religion, nor is it our history or Aryan heroes. We shall never find the path to our race ethnic soul and indigenous spirituality by following a Jewish roadmap or any path or system which is not our own.

*Taken from “Voice of our Forefathers” by Ron McVan.*
Compare Australian youth twenty years ago—even ten years ago, to the Australian youth of today and you will see a huge difference between them both.

It's not hard to notice that “generation y” are spoilt, angry, and rude and have pretty much no self-control.

What influences them to be like this though?

A lot of young men I know—even young women, have serious problems—showing outrageous behaviour, such as low morals, being unfaithful and indulging greatly in alcohol. In this time, we the younger generation do not have ANY positive role models to look up too. Is it any wonder then why we have such a generation?

Recently in the news, we are exposed to many Sportsmen who are taking drugs, going to brothels and are still being praised; instead of being punished they somehow find their way back to the spotlight, without ever having to deal with what they have done wrong.

Another example is our ex prime minister “Kevin Rudd”. In 2007, (the same year he was elected as our prime minister!) a report came out stating that the new prime minister had treated himself to a nice night down at the strippers, giving out generous amounts of tax payer money! Rather than having many people disapprove, we found many people thinking “Good on him! That’s hilarious!”

That’s just the male role models! If you stop and think about what the women of Australia have to look up to, it is disgraceful!

Young females are being told to look up to our new Prime minister. We are told that we should aspire to be like her, just because she is our first Female Prime Minister. All I see when I look at her though, is a Communist; she was secretary for the left-wing Socialist Forum when she was in University, and a feminist, who in the past has been alleged to have female relations. Who wants to aspire to be that? She is teaching the young women of Australia that lying will get you everything, and that it will get you where you want to be in the future!

How are we meant to grow up on the correct path if we have people like this to look up too? This is where you come into it! If we do not have positive role models in the spotlight, we are going to turn to those who are closer to us—family and friends.

For me, I have always grown up in an environment where there was a positive role model to look up to. I didn’t have a mother that I could strive to be like so I was always looking for that someone to have as a hero and I found that in my grandmother. I wanted to be nothing like my mother who would have just lead me down the path of drugs and low morals.

In the White Pride Movement here in Australia, there are both female and male positive role models, who a lot of the younger Folk look up too. I know for me being a young woman, there are some ladies who i strive to be like, who have lead me on to the right path. I believe that this should be something to be proud of, to know that you are inspiring the young to grow into something amazing.

Next time you are drinking and you pick up that glass of alcohol when you know you shouldn’t. Next time you are flirting with that person who isn’t your partner, Stop, take a look around you
and realise that there are young people watching, following your every footstep, striving to be exactly like you. Copying your behaviour because we believe it’s the right way to act.

It just takes one positive, morally correct person to change the attitude of many. Think to yourself next time you are doing something that you know is not right, “Do I want to be the person who inspires the younger generation or do I want to be the person who takes them down the wrong path?

Sammy WAU

Interview with Definite Hate

“MADDER THAN HELL, MEANER THAN SHIT”

First off I would like to say, Thank you Brent for agreeing to participate in this interview for WAU Australia.

Firstly, tell us a little about Definite Hate, how did you guys come together and in what year did you form?

You are certainly welcome and I thank you for the interest in the band. I started the band in the summer of 98 with the original drummer, who is no longer a part of the band. I was just pissed off and wanted to express my rage through music. I had previously played in some punk bands, but was sick off the Fags and Commies, so I thought it was time to be hateful. The first song I wrote was Definite Hate, I had the guitar riff and played it for a brother, he said man that is Indefinite Hatred. We looked up at each other and said that’s the name of the band. I thought about it and it sounded too much like Extreme Hatred to me so I put the redneck twist to it. Definite Hate was born!

What does Definite Hate mean to you?

Never-ending Hate, Indefinite Hatred!

What are your major influences?

I grew up on Outlaw country music and then went onto punk and metal. So I guess a little bit of all the above. I guess like any other Skinhead band Skrewdriver were a big influence, Fortress, Midtown Bootboys and I always liked the hell out of Open Season’s Front Line Fighters LP. Ha Ha

I’ve noticed a few changes in your line-up. How do you think the change in the DH line-up has influenced your music?

Well the drummer on the Madder than Hell album was also the drummer for 13 Knots so I asked him to play with Definite Hate. I knew he would like it because he is an old metal head and still is. So I guess with him and me liking the old metal I grew up with is how we came about the more metal sounding Definite Hate. We have had a few line-up changes over the years but I think that goes for any band.

Over the years of touring, where have Definite Hate found themselves playing?

Well we have played all over the USA. We have been asked a couple of times to play outside the country but some of us have criminal records and some of us are too lazy to get passports.
Which do you think was the most memorable concert?

I have enjoyed playing all our shows but I think the few that stand out the most were with Brutal Attack and BFG at Hammerfest one year and another was with Mistreat. Deaths Head was also another great show. Like I said they are all memorable even the smaller shows.

You’re latest album has been described as a lot more heavier than your previous albums, what would you say influenced this album and how do you think its reception has been?

I like it, for me it was like being a kid again; I was listening to old shit like Slayer, Megadeth and some newer metal bands. Like I said earlier I think the fact that we had a good drummer, influenced us to go out balls to the wall. I think some like it but not real sure, as I have not heard much response on the new album.

Definite hate has proven to be a very popular RAC band, even with more mainstream, un-political metal heads. Did you ever expect Definite Hate to make such an impression on people who aren’t racially aware?

Really, I wasn’t aware of it but that is really cool. I truly do not know who or how many people like us. I enjoy playing music and want to share it with the world. If you like it cool, if not go fuck yourself.

I see you’ve self-produced your latest album; were there reasons outside wanting to be independent for the change to self-production?

We did put the new album out ourselves and I think we waited too long to do this. With the pirates on the nerd box I will be lucky to get rid of the 700 hundred CDs we have left out of 1000. It’s a new era, I have watched vinyl go and CDs come and they are slowly on the outs too. We did it for the main reason of putting out what we wanted to say.

In the near future, are there any major plans or events coming up for Definite Hate?

We will be hosting St. Patty’s Day 2012 along with VA CHS. We have Open Season from yall’s neck of the woods, Chaos 88, FuckFace88, and a couple others. We may record again but who really knows?????

Finally, do you have anything more you would like to say about Definite Hate or your latest release; ‘MADDER THAN HELL, MEANER THAN SHIT’?

Buy the new album if you do not have it in your hands. Coping kills the scene!!! Support P.O.W.’s we all know some. Tell Jesse I said duh huh, He will know what I mean. Last, you nice proud white women keep up the good work!! 838

Once again, I would like to thank you for agreeing to the interview, it has been a pleasure. All the best and we all can’t wait to hear what’s in store for Definite Hate. Sammy WAU
She was born Unity Valkyrie Mitford, conceived in the town of Swastika, Ontario Canada and born on 8-8-1914 in London England, into an unconventional British aristocratic family. Unity achieved her peak of notoriety in the mid 1930's when she became a fervent supporter and admirer of Adolf Hitler and went to Germany to spend years as his adoring disciple. She achieved legendary status when she shot herself in a Munich park at the outbreak of The Second World War.

Unity was a strong-willed, rebellious child with a wild sense of humor. After being asked to leave two private schools for indiscipline, she received her education at St Margaret's School, in Bushey in southern England. She inherited her family's love of politics and as a young teenager she developed an anti-Semitism and love of the far right wing when her elder sister, Diana, left her husband, aristocrat and writer Bryan Walter Guinness, and began an affair with Oswald Mosley who had just founded the British Union of Fascists. She joined Mosley’s Fascist group and often went around in a black shirt uniform. She liked to turn up at meetings of left wing groups and do the fascist salute and heckle the speaker. Unity once battled Communists in London’s Hyde Park. She was surrounded by about 200 Reds and there was only 20 Blackshirts. She was badly beaten and a swastika badge given to her by Adolf Hitler was smashed to pieces.
When Hitler acceded to power in Germany in 1933, Unity announced her intention to go to Germany, to learn the language, and meet the Führer himself. In 1933 Unity went to Germany with her sister Diana as part of the British Union of Fascists delegation, and there they saw Hitler for the first time at the Nuremberg Rally.

This first sight of the Fuhrer turned Unity's conviction into worship and from then on she devoted her life to meeting Hitler and being part of his life. She told her family, "The first time I saw him I knew there was no one I would rather meet."

Unity returned to Germany in the summer of 1934, and enrolled in a language school in Munich close to the Nazi Party headquarters. Within a year, when she returned home for a visit, she had accomplished her two main objectives. She had learned to speak good German, and had met not only Hitler, but the rest of his entourage including Himmler, Goering, Hess and Goebbels.

Hitler, in turn was flattered by the obvious devotion of the attractive blonde English girl and described her as "a perfect specimen of Aryan womanhood." From then on she became a constant member of their group and accompanied them to party rallies and state occasions as an accepted member of their circle.

She lived for the next five years mainly in Germany. Her flagrant anti-Semitism became more pronounced during this time and in 1936 she wrote a shockingly anti-Semitic open letter in Julius Streicher's newspaper 'Der Stürmer', with the postscript, "please publish my name in full, I want everyone to know I am a Jew hater." The letter was also published in England and caused widespread revulsion, but she was rewarded by Hitler with an engraved golden swastika badge and a private box at the 1936 Berlin Olympics.
Hitler had become used to the company of this "Child" as he called her. She amused him and was light relief in his life. When Hitler announced the Anschluss in 1938, she appeared with him on the balcony in Vienna and she was later arrested in Prague for distributing Nazi propaganda.

Unity genuinely loved her home country but she loved Germany equally and she persistently pleaded with Hitler to maintain peaceful relations with England. However at the 1939 Bayreuth Festival Hitler warned Unity and the visiting Diana that war with England was inevitable in a very short time and that they should return home.

Whilst Diana did return to England where she was arrested and imprisoned, a distraught Unity decided to remain in Germany, although her family pleaded with her to go home. On September 3rd, 1939, upon hearing that Great Britain had declared war on Germany, she shot herself in the head in the English Garden in Munich. She used a pearl-handled pistol which had been given to her by Hitler for her protection. Her suicide note read “I yearned to see Britain and Germany United – The rulers of the sea with the lords of the earth – Invincible!! The land of my birth with the land of my hero, a World Dominion!! But with this declaration of war final, a cataclysmic explosion which shatters forever what I have lived and hoped for.”

She survived the suicide attempt but the bullet was lodged in her brain. She was taken to hospital at Hitler's expense, and then he arranged for her to be sent to Berne in Switzerland, from where her mother and youngest sister, Deborah collected her in December, 1939. In 1948 she took seriously ill on a visit to the family-owned island of Inch Kenneth and was taken to hospital in Oban where she eventually died of meningitis caused by the cerebral swelling around the bullet. She was aged thirty-four.

Inscribed on Unity's headstone is written “Say not the struggle naught availeth” which means “Don't say my struggle meant nothing”
A Woman’s call to Duty

I have seen many girls come and go, they all had one thing in common: sexual intensions. They all had claimed to have been White Power, however as soon as their man has had enough, they’d run. They’d never stay. No loyalty to the cause.

I know I am young, but it still is very disappointing, as there is not-one girl of my age that has had the heart and guts to stand for what I do and be heard. I know we have grown up in a time where multiculturalism and excessive sexuality is praised, but it shouldn’t be this hard to find people who believe in sticking to your own race.

I do not doubt that when I was first introduced to the nationalist scene that many thought I would not be here in a year or so time, because my boyfriend had introduced me to the movement. That is the problem these days.

In the four years that I have been in the movement I have seen many young girls – who I tried to become close to – move on as if the only thing they cared about was their sexual fetish and not the movement. What these girls do not understand is that we are going to be the future of the white power movement. Sleeping around is just giving us a bad name. We need to show that in the next twenty or so years, what the women, generations before us have worked so hard to fight for. It should not be in vain.

Many people have often accused me of being nasty and hateful towards new girls in the movement. However I see it as me trying to protect what my sisters and brothers have worked so hard for. The truth is I am so much different to most girls, which I hate. I can put my hand up and want something to do with my race, to become a part of WAU. I am young, but I know what my race means. I know there is a future for our race. All the friends I have made I did by myself, not for my partner. He may have introduced me but I am the one who made the effort to stay.

The fundraising and help I have offered was not forced upon me, nor was it a way to make my boyfriend love me more. I did it all by myself. If we were to break up, I would only leave a part of my heart. Not the part which makes me want to secure the white-race. I’m not afraid to say that. It shouldn’t be so hard, but it is. I want you all to know that even though I find it hard, I never give in because once I put my heart into something, I never back down – which all new girls should feel.

It is an incredible feeling when you hear that your donations to our POW’s are giving them hope. Making them smile. You will never be able to truly understand the feeling when you know you have complete trust and loyalty from all our sisters and brothers.

The aim of this plea is to target all the girls out there who do favour White Power. To all the young girls out there reading this, don’t let me be the only one who is going to grow up fighting. Prove there are still decent girls out there who put their morals and beliefs before anything else.

Sammy WAU

After writing this article, I took it upon myself to see what other young people in the movement believed and how they felt about certain things. I asked a handful of young men ranging from members of Crew 38, Blood and Honour and some POTN. Here were some of the responses;
1. **What does White Pride mean to you?**

Being able to look yourself in the mirror and not be ashamed of the person you see. Racialists are demonised by practically every corner of society, so above all we must have the strength of conviction to be able to retain our self respect even when it is being forced upon us that we are repulsive and evil.

2. **How did you first become involved into the organization?**

Through an intersection of the music I was listening to growing up and the ideas I had felt regarding culture and racial identity. When I heard people openly expressing things which I had always been afraid to say I decided that it was time for me to start venting my own feelings and frustrations.

3. **Do you think it is easy for young people out there to become involved and active?**

No, the spread of Marxist equality theory throughout the Western world has embedded it in the minds of youth that racial make-up simply has no bearing on one’s personality. This leaves anyone who begins to formulate ideas to the contrary in a position of extreme isolation, they have the choice to either ignore their feelings or separate themselves from mainstream society.

4. **Do you have any suggestions on how to attract the younger generation to the cause?**

This is a particularly difficult question, one I wish I knew the answer to. Carrying over from my answer to the previous question (and speaking only from personal experience), I think we need to target youth who have already somewhat separated themselves from mainstream society. By this I mean people who have, by the lifestyle and friends they have chosen, given themselves some room for free thinking - such as skaters, Metalheads, shooters etc. I also think there is an enormous amount of potential in rural areas as many are yet to experience multiracialism, therefore youth interested in the cause need not worry whether (insert foreign name here) will still want to be friends. I also think racialists need to try and make our outward appearance less alien to the general public.

5. **How have you personally tried to spread the message of White Pride**

I have been involved with activist groups and tried spreading the message at a street level with physical propaganda. I have also been active online, through commenting on blogs, news articles, Stormfront etc. These are now both well and truly ‘tried and tested’ methods of communication. The best responses I have had from people have been when speaking to them on a personal level - by singling out a person, getting their undivided attention, and speaking my mind.

6. **What advice would you give anyone out there if they wanted to become active in the movement?**

Educate yourself. This simply can’t be stressed enough. If you come into the movement knowing little, keep your mouth shut and learn. At present nobody is doing the racialist movement more harm (by making us look pathetic or insane) than those amongst us who are ignorant. If you’re going to preach to the world that the Jew is our enemy, you need to know why! People have become too lazy to bother reading anything, and this is what I see as killing the movement at the moment. So yes, my advice would be to read as much as possible – history, science and ideology are the three key topics in my mind. Knowledge is power!

7. **What do you believe the future has in store for the White Power Movement?**

Once again, it all depends on our own attitudes. The future can hold as much or as little prosperity as we allow it to.

8. **How would you like to see the movement in twenty years’ time?**

Organised, educated and united! Less talk, less fashion and more action!

Thanks for giving me to opportunity to share my thoughts!

14 Words – Tim
1. What does White Pride mean to you?
I am a proud White man, and what I want to see is a secured existence for our Race. I don’t think we need to rule the world, but those who oppose us and try to put our goal out of reach will be dealt with. In today’s political climate, we are the keepers of the flame. Politics change. The glorious White race will rise. This I do not doubt.

2. How did you first become involved into the organization?
I’d spend a bit of time in my early days talking to people online and expanding my understanding of what it is we’re trying to achieve. At 14 years of age, I made contact with Blood and Honour and started meeting people in real life. It was great to find out that we’re not ALL keyboard commandos!

3. Do you think it is easy for young people out there to become involved and active?
It is, if that’s what they’re looking for. It takes time and dedication to earn the trust of the ‘older’ side of the scene here but that’s all for good reason. Unfortunately most young folk have other things on their mind. We also must keep in mind that teenagers are faced with endless pressures and it takes a special kind of kid to look outside the square and stick with it.

4. Do you have any suggestions on how to attract the younger generation to the cause?
I think the best thing one can do on a personal level is to remain open-minded towards youth. Help them learn, educate them, and don’t fob them off when they ask questions. Young people thrive of social interaction so make the extra effort to catch up on the weekend. Make them feel a part of something!

5. How have you personally tried to spread the message of White Pride?
I’ve spent countless hours networking with White Nationalists around Australia, making regular trips to the other side of the country for B&H events. Closer to home, I continue to build relations with those already known to the Movement, as well as reaching out to those willing to listen. Don’t waste time with those who are already lost, for that time could be spent on your future Brother or Sister.

6. What advice would you give anyone out there if they wanted to become active in the movement?
Don’t pretend like you know it all. In fact, don’t pretend you know anything! Keep your ears open and your mouth shut for a little bit and LEARN from those who know better. You make the effort with us, and we’ll make the effort 10fold with you..

7. What do you believe the future has in store for the White Pride Movement?
The future is always hard to read, but so far on a national level in Australia things look good. Blood and Honour is growing in support, Women for Aryan Unity is making a big difference to Brothers locked away in ZOG prisons and the Southern Cross Hammerskins & Crew 38 are stronger than ever. Look after your Brothers and Sisters and we’ll all grow as comrades.. Fuck those who speak against any of the groups I’ve named.

8. How would you like to see the movement in twenty years time?
I would love to see some more staunch young guys and girls get on board. ‘Zealot’ is the key word, and those are the type of people we want. It is and always will be QUALITY OVER QUANTITY! – Brendan, Crew 38.

1. What does White Power mean to you?
White Power means everything to me, it’s my life. Everything I do is in the pursuit of personal gain to better myself as a member of the White Race, whether this is mentally, physically or academically. Every way I act, I ask myself: “Is this what a proud White man would do”. It is more than just a slogan to me; it’s a way of life, a culture in its own way. I love to live this way; in fact, I can’t see myself functioning in any other way as it is all I have known growing up.
2. How did you first become involved into the organization?

I first became involved into an organisation around the ages of 14/15. However, I’ve had the beliefs in my head since around the age of 13. From that young age I began to do my own research. Of course, searching ‘White Power’ or ‘Skinheads’ on the internet, the first thing that pops up is Combat18 (unfortunately), so I did a lot of milling around and came across various groups, such as ‘Blood and Honour’, ‘The Hammerskin Nation’, just to name a couple. After a year or two of research and educating myself I stumbled across a White Power distro which just happened to be situated in my home-town. Through this distro, I met a friend (alas, friend no more) who taught me how to live and act like a White Man and who also got me involved with Blood and Honour, and from there it has flourished to what I am today.

3. Do you think it is easy for young people out there to become involved and active?

Of course it is. Young people don't have to become involved with a specific group or political party. They can do a lot of things off their own backs, for example they could mentor a White child, they could visit elderly White people at a nursing home, they can research local politics and think of ways to try convince people to think like a proud White person. However, if they do feel the need to become involved with a certain group, it takes no effort to send an email expressing an interest to a group, those who don't have no-one to blame but themselves, as it is down to their own laziness that they don't become involved. If a group messages you back, do not be afraid to take up their offer of meeting up, if you're whole heartedly interested and want to do something for the White Race, you will pick yourself up and go out there and fight to make a difference in any way possible.

4. Do you have any suggestions on how to attract the younger generation to the cause?

There is an endless supply of ways to spread our message far and wide, even worldwide. Such mediums as White Power music, White Power gigs, literature, meetings and even just general socialising exists within our community. Personally, I think the best way to attract young people to the Cause is music. Kids these days aren't inclined to pick up a copy of Mein Kampf or go sifting page after page through books written by other great White people, they're more likely to put on a CD of their preferred style of music (we have it all, punk, rock, metal, Hardcore, etc.) that sings about White values or White Pride, or any other White topic that effects our people. Even though White Power music is readily available for anyone to buy, some people are still too tight fisted to even fork out, say $15 bucks, for a CD which supports their people, and due to this a lot of young people will download WP music, which I am firmly against. So, in my opinion we should make compilation CDs of the best songs that we think have been written by proud White people and distribute it around hot-spots where young people congregate, e.g., shopping malls, non WP gigs, schools, etc... From distributing WP music, those who listen and take in what is said should start to educate themselves further and become more involved and active within the WP community.

Also, not just White folk in their teens should be targeted. Another valuable community of the White race to help get involved is Mothers and young children. The White Race stands at around the 9% mark of the world’s population, and only 2% of this is women of child bearing age, so any White women capable of bearing children is a valuable commodity to us and these mothers should raise their children to act as White people. This can be done by educating the children with homemade workbooks that have information and questions about European history, Norse mythology/religions, famous people of our Cause, and generally anything that is about our People, whether it is history, current affairs, religion, politics, etc. (of course, this has to be suitable for young children). Not only workbooks can be used, there is an abundance of books available from any book shop which have rich information about our Ancestors and various other topics which White children should learn from such a young age.

5. How have you personally tried to spread the message of White Power?

Spreading the message of White Power can sometimes be an unrewarding and demanding task, but must be done in the pursuit of the advancement of our People, and to let those out there know that we are here, and we are going to stay.
Personally, I have done an assortment of activities to spread the message of our Cause and to let people know we exist and that we are not afraid. My activities range from such things as attending non WP gigs, stickering, educating people, leafleting, meeting and socialising, etc. I regularly attend local gigs of music genres that WP music promotes, such as rock, metal and more the more popular genre, Hardcore. Every gig I attend I go in t-shirts that show I am affiliated with certain WP groups, due to this, a lot of people in the local Hardcore music scene know what I am about, and some of the people regularly want to talk to me about my beliefs and other things that I am involved with, it's not just the t-shirt which attracts people, it's the look, a lot of people just look at me and know what I am about, so they either stay away or want to talk, and occasionally, you get the one who wants to bitch and moan at you, but it comes with the territory. Through networking and socialising at these gigs, I give the people I am friends with names of certain bands that belong to certain genres, such as NS HardCore, and a lot of them seem to like the music, even if they don't buy the music, they know that it is there and they like it.

Leafleting has also been a great way to promote the message of WP. I have leafleted for a couple of political parties in Australia, and through hard-work and dedication, a certain political group got more votes in my old town than any other constituency with a candidate, or so I am told by the State's representative for the party. Leafleting can take a long time to do, but is definitely worth it if someone reads and then wants to get involved. Stickering can generally be the same sort of deal as leafleting. Putting up pro-White stickers in areas where they will catch people's attention is definitely a way for people to know that pro-White people live in the town.

6. What advice would you give anyone out there if they wanted to become active in the movement?

Don't be scared! We receive hundreds of emails a year from people wanting to get involved or wanting to help, and only a small minority of people will venture out to meet us. Also, if you're interested in getting involved with like-minded individuals, you should already act like a White person (this goes for people who are 18+ years of age, you should be matured more than younger folk), a lot of people meet up and don't like how we are, and in my opinion, this is how we should act as proud White people, if you don't like acting how you should, then you know where the door is! If you are committed to the survival of our People, then you will stick around and commit to the Cause.

I believe the future for our Movement is going to be a very rocky one involving greats highs and terrible lows. Of course, our Movement is CONSTANTLY growing every year with great people, but while this is great for us, it worries the various institutions controlled by ZOG (Police, Government, etc.). The great highs, of course, will be the quality of people in the community and their commitment for the greater good. The terrible lows will be such things as increased pressure from organisations which oppress us, not just state controlled ones, but also private groups, such as Left Wingers, Multiculturalists, etc... This, in my opinion, will be the test of the future. Already the government is looking for ways to outlaw our organisations, and they will always look for an excuse to do it. This is where we will have to work together to stop the outlawing of our groups, which in my opinion, is the worst thing that they can do, as all it will do is force us underground and make us harder to monitor on a regular basis.

However, some people believe that 'things get worse before they get better', and in a way, I also believe in the same saying. White people will only be able to take so much from these scumbags that wish to destroy us before they decide to stand up and do something about it, rather than moaning
Ingredients, Herbs and Oils for the bath

When using essential oils in baths, do not apply to running bath water or the oil will evaporate. Also, Never use on children or while pregnant. Read all warnings before use! You can also add oils to a carrier oil to dilute and for a more moisturizing bath soak. Oils such as jojoba and sweet almond work great! Use 1 tablespoon carrier oil.

Chamomile bath for a relaxing bath to ease weariness and pain, add a few drops of chamomile essential oil to bath water. Alternatively, make up a litre of chamomile tea and add to the bath water.

Lavender. Research indicates anti-inflammatory, analgesic properties useful in cases of arthritis, rheumatism, muscular aches, pains and sports injuries. Calming, relaxing properties soothe stress, used in the evening bath, added as the water is running.

Oatmeal. Very moisturizing. Use to relieve itchiness and dry skin. Grind the oatmeal before adding to bath water. Can use regular store bought oatmeal or a holistic powder type.

Epsom Salts. May soften skin and exfoliate, Provides magnesium, which has been shown to: Ease stress, Lower blood pressure, Create a happy, relaxed feeling, Raise energy levels.

Basil: anxiety, stress, respiratory problems.

Black pepper: stimulates circulation, muscular aches, colds.

Eucalyptus: colds, cuts, insect bites.

Rosemary: bronchitis, memory problems.

Sandalwood: used as an antidepressant and aphrodisiac.

Camphor essential oil. A powerful antiseptic that aids in the treatment of respiratory ailments, opens blocked nasal passages, relieves congestion, reduces muscular aches, pains and stiffness. Great in bath soaks for cold and flu.

about it down the pub on a weekend and not accomplishing anything, and in the future, hopefully, people will take a look around them and think that this mess needs cleaning up and turn to us.

8. How would you like to see the movement in twenty years’ time?

In twenty years’ time, ultimately, I'd like to see the movement grow by a phenomenal rate, but not have a bunch of deadbeats associating with us. I am a firm believer of ‘quality over quantity’, i.e. we don’t want bad/moronic people giving us a bad name and scaring people away. I’d like to see greater unity between people and other groups, because at the end of the day, we are one big family when you think about it, and if we are all not struggling for the same thing, we splinter off into our own groups and it can cause infighting within groups or even confliction between groups.

One thing I'd absolutely love to see in the very near future as well as in 20 years’ time is greater motivation within people, all too often you see people who are too lazy to go to a meeting, or too lazy to attend a gig, or even too lazy to call up a brother or sister and just talk about anything. It takes nothing to pick up the phone, or type out an email, or even hop in the car and drive to go see your fellow brothers and sisters, and even if you don't drive, there is public transport to almost anywhere in the country. Overall, I'd like to see us as a movement of people from all different walks of life from the White Race who all believe in the same ethics and have the same commitment to our Cause as most people do these days.

Pommy Nick Crew38 Australia
Homemade Natural Bath Remedies

Baking Soda Lemon Exfoliating Face Cleanser

**Ingredients:**
- Lemon juice
- Baking Soda

**Instructions:**
In a small bowl, add about 2 tbls baking soda. Slowly apply lemon juice. The mixture will foam and fizz. Apply enough juice to make a thin, loose paste. Apply to skin in a circular motion for a minute or 2. Rinse with a warm cloth and water. Smooth, clear skin!

Lemon Sugar Face Scrub Recipe

**Ingredients:**
- Juice from 1/2 of a lemon
- 2 Tbsp table salt
- Add sugar until thick but not dry

**Instructions:**
Apply to damp face and let sit 2-3 minutes, and then scrub gently using circular motions. Rinse well with warm water. Leaves skin smooth and soft, and the lemon helps to "brighten" your complexion. For best results, follow with avocado honey moisturizing mask.

Lavender Face Cleanser Recipe

**Ingredients**
- 6 tbsp grape seed oil
- 10 drops of lavender essential oil
- 5 drops of geranium essential oils
- 5 drops of rose essential oils
- 1 tablespoon Brown sugar PER wash

**Instructions:**
Add carrier oils to a clean, dark glass bottle. Add essential oils. Gently shake to blend before each use. Store in a dark, glass bottle in a cool place. Apply a small amount to face and massage to cleanse. Rinse with warm water and a wash cloth. Skin will feel super smooth and silky! Perfect anti-aging cleanser! Add the brown sugar to hands, right before you are going to wash.

Cold/Flu relief Bath Soak

**Ingredients:**
- Two cups Epsom Salt
- 3 drops eucalyptus essential oil
- 3 drops rosemary essential oil

**Instructions:**
Combine ingredients and pour into the stream of warm water as your tub fills. Epsom salt contains magnesium, which has been shown to: Ease stress, Lower blood pressure, Create a happy, relaxed feeling, Raise energy levels, Help prevent or ease migraine headaches, Reduce inflammation to relieve pain and muscle cramps and so many more health benefits.
The Evil that is Feminism!

In 40 short years, many women have lost touch with their natural loving instincts. Consequently, the family is in disarray, sexual depravity is rampant and birth rates have plummeted. Feminism, masquerades as a movement for women's rights. In reality, feminism is a cruel hoax, telling women their natural biological instincts are "socially constructed" to oppress them. Feminism is elite social engineering designed to destroy gender identity by making women masculine and men feminine. Increasingly heterosexuals are conditioned to behave like homosexuals who generally don't marry and have children. Courtship and monogamy are being replaced by sexual promiscuity. Through the agendas of feminism, abortion, divorce, homosexuality, tax-exempt charities, liberal religion, and many others, Western countries are being completely devastated.

Who is behind modern Feminism, none other than the Jews, the Rockefellers and Rothschild's created feminism to poison male-female relations (divide and conquer.) Their twin objectives are depopulation and totalitarian world government. Why? These bankers create money out of nothing and think they are God. Nicholas Rockefeller admitted to Aaron Russo while trying to recruit him for the CFR (council of foreign relations) that his family foundation created women's liberation using mass media control as part of a long-term plan to enslave humanity. He admitted they want to "chip us."

The matriarch of modern Feminism, Betty Friedan was, under her maiden name Betty Goldstein, a political activist and professional propagandist for the Communist left for a quarter of a century before the publication of "The Feminist Mystique" launched the modern women's movement. In the so called bible of modern feminism, "The Feminine Mystique" (1963) Betty Friedan's description of America's suburban family household as "a comfortable concentration camp" had more to do with her Marxist hatred for America than with her actual experience as a housewife or mother, seeing as she had housekeepers and nannies.

"They were reduced to childlike preoccupation with food, elimination, the satisfaction of primitive bodily needs; they had no privacy and no stimulation from the outside world. But above all, they were forced to spend their days in work which produced great fatigue...required no mental concentration, gave no hope of advancement or recognition, was sometimes senseless, and was controlled by the needs of others..."(306)

Clearly Friedan is talking about mothers. Comparing the nurturing of their children to brutal slavery is psychological warfare of the most vicious kind. Friedan, who hid the fact that she was a paid Communist activist, should have been denounced as a hate monger. Instead she was celebrated as the new oracle and received honorary degrees and fellowships at Harvard, Yale and Columbia. Saturday Review called her book "a scholarly work, appropriate for serious study" and anthropologist Ashley Montegu said it was "the wisest, sanest, soundest, most understanding and compassionate treatment of American woman's greatest problem."

Feminism fits the elite's depopulation agenda. Since 1963, when "The Feminine Mystique" was published we have experienced an unprecedented breakdown in the family. More than half of all children are now born out of wedlock; the number of single parent households has tripled. In "The Broken Hearth," William Bennett writes: "Most of our social pathologies, crime, imprisonment rates, welfare, educational underachievement, alcohol and drug abuse, suicide, depression, STD's, are manifestations, direct and indirect, of the crack-up of the American family (p.4)."
Reproduction requires the most delicate care. In the case of human beings, the female must be prepared for motherhood and honoured for her contribution to society. The male must be shown that the standard of manhood is to provide leadership and sustenance for mother and children. Both mother and father must be able to give their children intellectual and spiritual guidance.

Instead, in schools and universities, the tender shoots of feminine sexuality are crushed under the feminist jackboot. Young women are taught that heterosexual sex, marriage and family are inherently oppressive. Homosexuality on the other hand is an act of rebellion that is "chic" and "normal."

"Those who want to destroy the family will continue to urge mothers to leave the home and 'become fulfilled in the workplace.' When the mother goes into the workplace to become 'fulfilled,' or to increase the family's income, she leaves the care of the children to others. Those who warn against such practices will continue to be scorned by the feminists and others who have a hidden agenda: they want to destroy the family."

WAU Australia

Adapted from http://www.henrymakow.com/200202.html

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